Repayment of Health Professions Educational Loans for the Indian Health Service was announced on January 23, 2012. Licensed Acupuncturists are listed as one classification of the health professional who may apply to work in an Indian health program. The priority of need and location of service is determined by the Indian Health Service, and at the current time, Licensed Acupuncturists do not appear on the priority list. However, if an acupuncturist is offered a position through an IHS facility, they may qualify. The IHS will accept applications from either students who are currently enrolled in an accredited program who can begin their service by September 30, 2012, or from licensed professionals. Application materials may be obtained online at http://www.loanrepayment.irs.gov. The first application deadline is February 17, 2012. The IHS will continue to receive applications due on a monthly basis on the Friday of the second full week of each month until August 17, 2012 until their funding for 2012 is committed.

The IHS does not advertise jobs for Tribal health programs. It is advised that you do an internet search for tribal facilities in the state that you are interested in working. Keep in mind that to be eligible for the IHSLRP you must work full-time (defined as 40 hours per week). In your job search you will need to inquire as to the Tribes policy of full-time. If you find a potential job as a Acupuncturist for an Indian Health program, email the name of the facility to Georgia.Murrow@ihs.gov to find out if the site is eligible.

For more information see https://federalregister.gov/a2012-1211

By Skya Abbate, BA, MA, Dipl Ac, Dipl CH, D.O.M. Executive Director

The inclusion of Licensed Acupuncturists in the Loan Repayment Program for Repayment of Health Professions Educational Loans for the Indian Health Service was announced on January 23, 2012. Licensed Acupuncturists are listed as one classification of the health professional who may apply to work in an Indian health program. The priority of need and location of service is determined by the Indian Health Service, and at the current time, Licensed Acupuncturists do not appear on the priority list. However, if an acupuncturist is offered a position through an IHS facility, they may qualify. The IHS will accept applications from either students who are currently enrolled in an accredited program who can begin their service by September 30, 2012, or from licensed professionals. Application materials may be obtained online at http://www.loanrepayment.irs.gov. The first application deadline is February 17, 2012. The IHS will continue to receive applications due on a monthly basis on the Friday of the second full week of each month until August 17, 2012 until their funding for 2012 is committed.

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For more information see https://federalregister.gov/a2012-1211
I had a difficult interaction with a patient on the phone the other day. This person had called looking for information about the efficacy of acupuncture to help with smoking cessation. As soon as we began talking I could sense tension. She gave mixed signals, asking me about what we could do to help, and then informing me my answers were “lies.” She finished the conversation by simultaneously telling me I was a nice person and in the same breath telling me I had a poor attitude, cursing at me, and hanging up. The conversation left me initially somewhat bewildered. I was relieved that the brief phone conversation had so quickly revealed that this person would have been less than an optimum patient for students in our clinic. However, the “perfectionist” in me was a bit disappointed that I had been unable to foster a more positive interaction from this initial contact. I felt a little guilty. “I should have been able to keep her from being defensive. I should have been a better listener. I should have been able to salvage the conversation.” Then I took a breath. I thought about what I have been taught by my cherished teachers.

First I begin to recognize that when evaluating this experience, hearing the term “should” in my internal dialogue is a cue that I am analyzing through the lens of “ego,” rather than expanding awareness through my spirit (knowing what aspect of your being is speaking can often help to clarify the message). “Should” is a criticism that inevitably restricts my ability to be sincere and experience connection. Spirit will usually guide you towards growth rather than limitation. Another breath, relax and listen for a different voice. More often, the voice of spirit is inclined toward “there is more here, what else is available...” What else was available? There might have been more silence available, more listening to allow her story to come out. Perhaps an opportunity for me to take control of the situation through skillful means, instead of trying to explain what we can offer, I could ask what her ideal course of treatment would be? Relax, take another breath. If I stay centered, next time I will more likely know what is available....

Second, I recognize my attachment to outcome. This was why I began to second guess myself after the fact. I wanted her to feel reassured, to feel cared for, and to feel that we would help her quit smoking. It is possible that for this person, at this time, that was beyond my power. In any case, I am not responsible for her reaction. I am responsible for extending myself in a sincere way and staying present with the situation as it unfolds, no matter how that is. This is one of the most difficult lessons. We often experience this attachment either as an expectation or a desire for a particular outcome. As acupuncturists we want our treatments to relieve people’s suffering. We often want to “heal” our patients. If the outcome of our treatments is other than what we expected or wanted, we often feel as if we have “failed.” However, we cannot be responsible for that patient’s outcome, all we can do is to stay present, bring our skill, our spirit and our sincerity to that treatment, for that patient, at that time. The outcome is, as another of my cherished teachers phrased it, “above our pay grade.” Our desire for control sometimes makes this a tough pill to swallow. The irony is that often, when we really allow ourselves to be present in the process without attachment, that is precisely when the outcomes are the most profoundly positive (I often wonder if this is what the Taoists meant by wúwéi (無為).)

As health care providers (and humans) so much of what we do is cultivate relationships. Relationships develop from continuing interactions. It is inevitable that some of these interactions will be challenging. When the outcome is not as positive as we would like, it is important not to become stuck and misappropriate this experience as my new identity. If we stay centered we can begin to become aware of how the energies that shaped that event came together. Where did they come from? How did I allow or not allow each one to express itself? Were there other cues that might indicate what else was available? If we change our criteria for evaluation, and view things through the Heart rather than through our ego, even “failures” provide us with a wealth of creative energy. Each new interaction is an opportunity to connect sincerely, and thereby more fully express our spirit. It is simple, but it is not always easy, which is why we call it “practice.”
Alcohol and You: A Self-Assessment

By Melanie Crane, M.S. Ed.
Academic Dean, Boulder Campus

Overconsumption, overdependence, or abuses of alcohol are problems that occur far too frequently in the United States. This problem can cut across all classes and ages, including those seeking to become healers. Graduate students are more likely to use alcohol in moderation than undergraduate students. Students in a healthcare related field may also be more prone to moderate habits that are harmful to their health. The issue is still relevant for constant self-assessment among students who become practitioners, since they will one day be in a position of trust treating patents when a practitioner’s substance abuse problem could lead to real harm, or they may have to counsel a patient who has a problem. Self-assessment and knowing when and if to begin the process of recovery is a vital tool that each developing practitioner should have.

However, if a number of the below items apply to you, or if you feel yourself getting defensive while answering these questions, it may indicate that a problem exists, and that you may want to take a more detailed look at your behavior and/or seek appropriate counseling. Further evaluation could help you decide if a problem actually exists:

When there is stress, do you drink more than usual?  
Do you look for reasons to get drunk?
Does anyone in your family have a history of drug or alcohol abuse?
Do you drive after using alcohol?
Do you sometimes regret things you said or did while you were drunk?
Do you need alcohol to be “yourself” and have a good time?
Do you ever forget things you did while drinking?
Have you ever tried to cut down on your use?
Do you drink alone?
Do you feel annoyed by criticism of your drinking?
Have you ever missed class due to drinking?
Do you usually drink to get drunk?

If you answered “YES” to two or more of these questions, you might consider seeking assistance and counseling. In counseling, students can consider how the use of alcohol affects relationships, school, work, health and motivation. Counseling is appropriate for those wondering about their own behavior, or concerned about drinking by friends or family.

Resources:
National Alcoholism and Substance Abuse Information Center
website: www.addictioncareoptions.com
Alcoholics Anonymous, Ala-Teen, Al-Anon (for family members and significant others)

Acknowledgements:
UT Dallas Counseling Center, George Washington University Counseling Center
University of Wisconsin-Eau Claire Counseling Services

Master of Science in Acupuncture (MSAc) Program Coming to Albuquerque Campus

By Dawei Shao, D.O.M
Academic Dean, Albuquerque Campus

The Master of Science in Acupuncture (MSAc) program has been in Santa Fe and Boulder Campus for more than a year. Although only a small portion of students enroll in the program, we do receive positive responses from our students. Some Albuquerque students transfer to other campuses in order to be able to enroll in the program.

After offering the program successfully at the Santa Fe and Boulder campuses, Southwest Acupuncture College has decided to submit the MSAc Program application to ACAOM (Accreditation Commission for Acupuncture and Oriental Medicine) for Albuquerque in the Spring 2012. We hope to have the program approved before the Fall 2012 enrollment. We will let students know when it is approved.

We need to remind all interested students again that although many states accept applicants with an MSAc Degree for licensure, there are still states requiring the Master of Science in Oriental Medicine (MSOM) Degree, such as New Mexico, California, Hawaii, and more. The states tend to elevate the hours requirement over the years. After graduation, if you cannot meet certain state requirements on herbs, you would need to come back to school and take extra classes.

Dr. Skya Abbate briefly described the difference between the programs in one of her memos as follows: “Students in both tracks (MSAc and MSOM) will stay in identical classes, with the exception of the herbal studies and herbal clinics offered in the MSOM program. Additional classes in the MSAc program provide desired specialization in acupuncture. This program will include three classes not currently taught in the MSOM program but taught as long-standing electives. These classes take advantage of the strength of Boulder faculty in the specialization of Sports Acupuncture and New Mexico faculty in Cosmetic and Japanese Acupuncture. The third class is an introduction to Chinese Herbology. This class is envisioned as a survey course to include information pertinent to the scope available once licensure is granted, in order for the graduate to know how and when to refer to a Chinese herbalist.”

It is possible for students to switch between programs after they are enrolled, but the student needs to talk with the Dean on when and how they can switch.
Scholarship Essay
By Dr. Maya Yu
BS, MSOM, Dipl Ac, Dipl CH, D.O.M.
Academic Dean, Santa Fe Campus

Each year at Southwest Acupuncture College, students across the three campuses are awarded several small scholarships by the school. Students enrolled at the school are automatically eligible for each of these scholarships. Traditionally, students are recognized by teachers for outstanding academic achievement and commitment to the practice and study of Oriental Medicine.

Students entering into their 2nd year of school qualify for three annual scholarships worth five hundred dollars each.
1. The Fourth Treasure Scholarship is awarded for demonstrating academic excellence during a student’s first year of school.
2. The Gentle Tiger Scholarship is named in loving memory of Dr. Lynsay Tunnell, a teacher who taught second year points for many years at the Santa Fe and Albuquerque campuses. This scholarship is awarded to a student who exhibits exceptional skills of point location and understanding of point energetics.
3. The Thaddeus Bukowski Memorial Scholarship commemorates Thaddeus Bukoski, a businessperson who provided scholarships for needy students. This scholarship awards students who show outstanding promise as a practitioner during their first year of school.

Students in their third year are eligible for The Golden Flower Scholarship, which goes to a student who demonstrates superior herbal knowledge and achievement. This scholarship varies from year to year and has been awarded at one thousand dollars for the past several years, and is generously sponsored by Golden Flower Chinese Herbs.

The Santa Fe campus changed the way these school scholarships were awarded in the fall of 2011 due to student feedback and combined staff and faculty initiative. Students were to nominate themselves by answering an essay question of no more than 500 words in length. The following question: How has the first year of school impacted your goals for the future? This program applied to students who were nominating themselves for the three 2nd year scholarships. The herb scholarship essay question for third year students was: Have you had a moment where Chinese herbal information or outcome from administering Chinese herbs in clinic greatly affected you? If so, please write about and describe.

A scholarship committee, comprised mostly of faculty and a few staff members met to read the essays and select the winners. Factors such as academic achievement, clinical and practical class performance were also taken into account.

The Santa Fe campus will continue to award the school scholarships in this fashion. Essay writing encourages student participation and scholarship. In reading the student’s words, we have a chance to listen to their messages of how this medicine has impacted them.

State and National Exam Updates for Southwest Acupuncture College Students
By Dawei Shao, D.O.M.
Academic Dean, Albuquerque Campus

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<th>Southwest Acupuncture College Internal Deadline</th>
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<tr>
<td>NCCAOM Year Round Testing</td>
<td>Began February 15, 2007</td>
<td>No deadline dates for eligibility. Once you are found eligible, you can schedule your exams at your convenience. Please remember to allow 10 to 12 weeks for processing your application before you are approved to test.</td>
<td>1. We send the transcripts to the NCCAOM once a month. 2. You can request our Dean to send your transcript and exam approval letter to NCCAOM within one calendar year of your graduation date. 3. For the herbal exam, you can only request the Dean to send your transcript and exam approval letter within one semester of your graduation date.</td>
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<td>2012 New Mexico State Exam</td>
<td>The exams are planned to be held the first Saturday in May and first Saturday in September. No application deadlines are announced yet.</td>
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A Trip to the Trials
By Chad Bong MS, L.Ac

Working in acupuncture sports medicine recently opened a door that allowed me to be part of a race to see who are the fastest American marathoners. On January 14th, 2012, I went to the US Olympic Trials for the marathon in Houston, Texas. My job was to support Fernando Cabada, one of the top American distance runners. Fernando is a three time national champion—two times in the 25-kilometer distance and once at the marathon. He has held the American record in the 25K since 2006.

After my arrival in Houston on Friday afternoon, I met Fernando to get my credentials so that I could use most of the restricted areas over the course of the weekend. This allowed me eat free food, access massage tables, and get prime seating to watch the race. After getting my all-access pass, I started to do my job, with a short massage for Fernando, helping to loosen up his muscles and to relax a little. The rest of the evening was spent hanging out with his family and friends before returning to my hotel to get some sleep in preparation for our 6:00 am meeting to help Fernando prepare for the race.

I woke with excitement about the day and how it was going to unfold. Would Fernando make it in the top 10? Would he beat his personal best in the marathon? Could he make the Olympic team by placing in the top three? I met up with Fernando at breakfast, then we did a pre-race performance acupuncture treatment. Using auricular and some body-points to prime his body for the race. The training period over the past two years is what we call the Yin Phase in sports acupuncture. Whitfield Reaves, a Boulder campus teacher, and I used acupuncture and massage to help keep our runner-patient healthy while logging over a hundred miles a week.

Leading up to the race we also experimented with both auricular and body points used immediately before the event to support athletic performance. The techniques used pre-race are what we call the Yang Phase. Our prior testing determined the optimal pre-race treatment specifically for Fernando and his constitution. We performed this testing before he started a long or hard workout, or meeting him at the track to experiment with various auricular protocols while he was running 400m repeats, a type of interval training. Back to the morning of the race. After a warm-up session, the entire men’s field lined up at the starting line. The course started with a two-mile loop followed by three, eight-mile loops. The women started 15 minutes after the men. I watched the beginning of the race from the stands by the starting line and stayed there to watch the first lap of the race on the jumbo screen they had set up. The runners quickly split into multiple packs of runners, Fernando finding a spot in the third group of runners as they passed by on the first lap. After watching the women start, I ran to find a spot where I could watch the race out on the course and meet up with some of Fernando’s friends. I was running back and forth between the loops of the course to see him pass twice on each lap. The 20 minutes between watching him run by was filled with anxiousness and wonder of where he would be in the pack the next time I saw him. The rest of the time was spent on the phone keeping Whitfield Reaves, back at home in Boulder, updated on the race. The leaders of the race were setting a blistering pace, dropping someone from their group almost every time I saw them go by.

Fernando was lingering in about 15th place until the last few miles when the runners in front of him started to fall apart. This was his strategy all along, run within himself, and let the other runners come back to him. The marathon is often thought of as a 20 mile jog and a 6.2 mile race. Well the race was beginning! Fernando started to pass other runners as they slowed due to pushing too hard in the first 20 miles.

By the end, he had moved up to 7th place, but he had to push to stay there as one of the athletes he had passed was trying retake that spot. Fernando was able to hold him off to cross the finish line in 2:11:53 breaking his previous fastest time by 30 seconds!

Overall the race ended up being one of the fastest American marathon trials in history for both the men and women. The men had 4 finishers under 2:10 and the women had 4 finishers under 2:30, something that has never been done before. Which means we are sending one of our strongest teams ever for the 2012 Olympics in London this summer!

I got my start in acupuncture sports medicine by attending Whitfield Reaves Apprenticeship Program. After completing it, I started to assist him in teaching his seminars and apprenticeship groups as well as helping him write The Acupuncture Handbook of Sports Injuries and Pain. Whitfield and I are currently working on adding new seminars in this exciting field of acupuncture sports medicine. Utilizing my Masters degree in Exercise Science, we will continue to bridge the gap between eastern and western medicine, and will soon be offering seminars on muscle function and rehabilitation exercises as well as orthopedic anatomy.
The Student Council has accomplished a great deal in 2011, and is responsible for creating a supportive environment for the student body. Student Scott Bartell (with Carolyn Romako) has been holding at least one lunchtime BBQ each semester for the past year, creating a great opportunity for students to socialize and enjoy the treats from the grill. In keeping with the desire to hold more student events, the students have also organized a potluck and movie night showing of 9000 Needles.

We have held free lectures from time to time on various subjects, but the student Lunchtime Lecture Series really took off when student Will Knox committed himself to organizing at least two offerings per semester. Among the offerings have been local acupuncturist and lecturer Alexander Love, a Tibetan singing Bowls meditation and Sue Van Raes, nutritionist and life coach.

Upcoming projects for the Student Council include suggestions on improvements to classrooms and organizing a blood drive. Our students are often involved in volunteer work for the Acupuncture Association of Colorado during the legislative season. They truly walk their talk and put action behind creating and contributing to their community.

One of the best events we hold each year is our graduation. Equally enjoyable is the summer day when we host a graduation breakfast in our Five Element Herb Garden in order to take our graduation photo. Students arrive in their photo-best attire, eager to begin celebrating the beginning of their steps into their careers.

The Student Council is not the only one who has been busy. The campus recently upgraded our electronic services with one new PC and one new Mac in the library, and an integrated wireless system in both our classrooms and clinic for lightening fast wireless connection. When it was installed, the programmers were amazed at the download speed available from our provider.

This year we saw the institution of lunchtime practice sessions. Our clinic faculty was asked to identify a day when they could be available for any student who wanted to have some additional guidance in practical techniques. One day each month was selected and publicized so that students could practice needling and moxa techniques with a variety of instructors and have time outside of the classroom to practice.

The college continues to hold its Annual Chinese New Year Talent show and lunch at the campus. This year was the year of the Dragon, which is very auspicious. The characteristics of those born in this year are to be innovative, brave and compassionate, all three descriptions that can be applied to our student body as a whole. Each year students perform, sing, juggle, and we have even had a puppet show!
What’s Been Happening at the Albuquerque Campus

By Toni Meeks
Albuquerque Campus Director

The summer 2011 semester ended with fifteen graduates marching down the aisle at the Hilton Garden Inn in Uptown Albuquerque. Smiles, cheers and hugs awaited the fifteen ladies as many family members and friends gathered to wish them off to a new career.

Our annual Halloween contest was a blast! The top three winners were Frank Napolitano (a “Human Points Chart”), Dina Rodriguez (“Bride of Frankenstein”), and Carolyn Hinojos (“The Madhatter”). Many more Albuquerque students participated in the mayhem.

Our next campus potluck was the Chinese New Year Annual Potluck with everyone joining in to enjoy great food, the “Peanut/Chopstick” game and this year, something new, “Chinese New Year Animal Charades.” We were all stuffed full, happy and some walked away with small prizes! We had a dozen “dragons” amongst the students and faculty for 2012.

The Student Support Committee (SSC) had a productive fall semester. They established a “student liaison” position with the NMSAAM (New Mexico Society for Acupuncture & Asian Medicine) to further strengthen and support a relationship with the organization. Additionally, they had their annual Meet and Greet at Gecko’s in September, and also sponsored their second annual Crafty SWACer’s Craft sale in early December.

Amazing artwork, lotions, baked goods, music, delicious soup, and more were available for sale. Funds went towards the Student Support Committee.

Time was ticking, and the semester was about to end, when someone brought to our attention that we had not set up a food drive with the Roadrunner Food Bank! To our dismay it was too late. But, Nancy Pelosa, Albuquerque Clinic Manager, came to the rescue with an excellent suggestion – let’s help one of our externships, S.A.F.E. House! We had one week to pull this holiday drive together. We met our goal with everyone pulling together to create a bounty of needed items for the families. The S.A.F.E. House staff was very excited and simply overwhelmed by the generosity provided to their service for women and children who have suffered from domestic abuse. We look forward to providing a holiday drive for them in 2012! ✨
Santa Fe News
By Latricia Gonzales-Mckosky
Santa Fe Campus Director

We welcomed 16 new students to the Santa Fe campus this Fall. The Student Governance held a meeting and decided to get involved with the American Cancer Society’s Breast Cancer Awareness Walk in October. Thomas Hodge led the event with a SWAC online page for donations. He and several students made the walk. The Library Committee worked together with the students to create a book list and spend the rest of the annual library budget.

Our annual Halloween potluck and costume contest went well with Veronica Claire as the Phantom of the Santa Fe Opera, Elyse Rohrer Budiash and Gurumittar Khalsa as A Pair of Smarty Pants winning gift certificates for their awesome original costumes.

Opening a New Chapter
By Toni Meeks
Albuquerque Campus Director

It was an ad in the Albuquerque Journal that caught my attention back in the fall of 2005. I had resigned as a Montessori teacher earlier in the year, and relaxed and thoroughly enjoyed my summer of unemployment. But I was aware that I couldn’t keep this status for long. My husband was patient and supported me during this transition, but I knew that it was time to start looking for employment. So, Southwest Acupuncture College had an opening for a part-time Administrative Assistant and it looked really appealing. An educational environment - college level to boot - and alternative medicine too! Well, I submitted my resume with a personal letter attached and received a call to set up an interview. The interview was quite pleasant and the setting was soothing, low-key and had a good energy. I returned for a second interview and before I realize it, I’m offered the position and begin a “new chapter” right before Halloween!

It’s amazing what can happen in 6 years! I have learned so much from the people that have crossed my path since working here. Many students have opened my mind to different aspects of spiritual living, introduced me to amazing books, impressed me with their tenacious commitment to nurture their natural healing abilities (that I think all humans are gifted with) and have provided support, understanding and patience in sometimes “hurried” conditions.

The staff, management and faculty have all played significant roles in my journey here. They have provided even more support and patience. Add advice, delightful smiles and loads of wisdom! I don’t think we realize the significance of the wisdom that is contained at 7801 Academy, Building 1! The students are truly benefiting greatly from this huge knowledge base. We just need to continue to spread it to even more folks who are interested in this wonderful medicine.

Okay, I am getting ahead of myself here. But this all ties into a supportive working environment - one that asks me to challenge old stubborn beliefs that I have and sometimes challenge a resistance to a different perspective that a student, staff or faculty will introduce. I listen to that different perspective and examine it, rearrange it around my old beliefs and think, “Well, why not?” “Let’s see how this can work even with my old beliefs intact.” When I do that, I find the old beliefs are still there, but are not felt so strongly as before. I become aware that I can open up to new ideas and am not afraid of losing my old beliefs that have carried me through challenging times. Occasionally, some of my old beliefs have simply dissolved and replaced with a refreshed version. Eventually, the “refreshed versions” will be challenged too - and well... that’s just life.

Thanks Southwest Acupuncture College, to your students, staff, faculty, administration, and to many of the clinic patients that I have met! Your support has helped prepare me for the new position of Campus Director. My intention is to return the support that I’ve received from all, and in some way return it in a manner that is just as supportive and befitting. It’s a lofty goal, but I’ll give it my best!
The Golden Needle Treatment for a Healthy Baby

By Mary Ellen Marino
Clinic Director, Santa Fe Campus

There is an ancient acupuncture treatment that has been used for centuries. It entails the stimulation of one point, KI 9, with gold/gold plated needles on a regular basis throughout the pregnancy.

The Chinese name for this point is Zubin, which translates to “guest house.” Verbal tradition has it that this refers to the fetus growing inside the womb. It is also more commonly called the “beautiful baby point.”

KI 9 is located on the Kidney channel, 5 cun above KI 3 or the high point of the medial malleolus, just below the calf of the leg. Its functions are to calm the mind, and to help build and tonify blood. Its indications are for hypertension, fear, anxiety, nightmares, and mental disorders.

It is said that this point should be needled at the end of the third and sixth months of the pregnancy. While other more modern TCM practitioners claim that it can be done as often as once a month.

It is claimed that stimulating this point minimizes the transmission of fetal toxins from the mother to the child. It increases the health of and the baby’s resistance to disease as well as tonifying the Qi of the mother.

Traditional texts say that this treatment will produce a child with a luminous complexion who will sleep at night and laugh during the day. They will be sane in mind, morals, and body, and if they should become ill, they will recover very quickly. (Exercise caution and perform this treatment only under the guidance of a licensed acupuncturist and with parental approval during pregnancy.)

Library Donations Continue

By Carolyn Gigliotti
Santa Fe Librarian for the Southwest Acupuncture College Community

In response to our ongoing Library Development Program, we have received $4,032.87 in donated library books for the three campuses from August to December, 2011. The following people are acknowledged in this effort and thanks is extended to them.

Life Supporters

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<td>Albuquerque</td>
</tr>
<tr>
<td>Yvonne Piper</td>
<td>$60.00</td>
<td>Albuquerque</td>
</tr>
<tr>
<td>Chris Titus</td>
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<td>Santa Fe</td>
</tr>
<tr>
<td>Michael Weaver</td>
<td>$34.95</td>
<td>Santa Fe</td>
</tr>
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Campus Totals:

<table>
<thead>
<tr>
<th></th>
<th>Amount</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Santa Fe</td>
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<td></td>
</tr>
<tr>
<td>Albuquerque</td>
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<tr>
<td>Boulder</td>
<td>$761.20</td>
<td></td>
</tr>
</tbody>
</table>

We would also like to thank all of the students and faculty that participated in our library committee meetings throughout this last year. With their continued efforts and support, our libraries remain vibrant.

—Laozi’s writings manifest wu wei when advising on how a ruler should govern their kingdom

Ruling a big country is like cooking a small fish. When you’re frying a small fish, too much poking will ruin the meal, so the meaning is: create general policies and direction, but do not micromanage. To do this well, you must understand the ways of your people and not go against the grain.
Post-Traumatic Stress Disorders (PTSD) and Chinese Medicine
Date: March 31, 2012
Instructor: Debra Boehme, Ph.D., D.O.M.
Description: Post-traumatic stress disorder is a type of anxiety disorder. It can occur after you’ve seen or experienced a traumatic event that involved the threat of injury or death. Psychological, genetic, physical, and social factors are involved. PTSD changes the body’s response to stress.
NCCAOM PDAs: 5
Fees (include tax): By March 1st
Student and Alumni: $64.91  Professional: $91.96
After March 1st
Student and Alumni: $81.14  Professional: $108.19
Faculty: Paid for by College (limited to 6)
Location: Southwest Acupuncture College
1622 Galisteo Street, Santa Fe, NM 87505
For more information: Phone: 505.438.8884

Using Essential Oils in an Acupuncture Clinical Setting
Date: June 2, 2012
Presenter: Dr. Linda Sullivan, D.O.M.
Description: To introduce essential oils including a brief history of their use from ancient times to the present.
• How to select a quality essential oil and the benefits they provide.
• To provide an understanding of the chemical constituents of essential oils.
• To demonstrate essential oil application methods.
• To demonstrate the use of essential oils to treat various health conditions commonly seen in an acupuncture clinic such as allergies, asthma, digestive disorders, emotional disorders and pain.
NCCAOM PDAs: 7
Fees (include tax): By May 15th
Student and Alumni: $85.60  Professional: $107
After May 15th
Student and Alumni: $101.65  Professional: $123.05
Faculty: Paid for by College (limited to 6)
Location: Southwest Acupuncture College
1622 Galisteo Street, Santa Fe, NM 87505
For more information: Phone: 505.438.8884

Treating Children with Oriental Medicine Healing with Sho-Ni-Shin
Dates: May 19-20, 2012
Presenter: Soma Glick, DOM (NM)
Description: This comprehensive course covers the treatment of children from newborn to 10 years of age. It will greatly benefit practitioners who wish to add various Oriental techniques into their existing pediatric practice and those who have never worked with children before. The course is tailored for immediate results in clinical practice and includes:
• Identification of diagnosis and treatment of children, and how that differs from treating adults.
• Acupuncture points, herbal formulas and homeopathy for acute disorders such as fevers, respiratory and digestive problems that form the core of pediatric practice.
• Long-term management techniques of some chronic illnesses such as allergies, asthma and eczema.
• Dietary and lifestyle recommendations.
• Preventative tips to maximize the health of pediatric patients.
• Practical demonstration of Sho-Ni-Shin on several children on Day 2.
NCCAOM PDAs: 15
Fees:
By April 1st
Student and Alumni: $250  Professional: $295
After April 1st
Student and Alumni: $275  Professional: $340
Location: Southwest Acupuncture College
6620 Gunpark Dr., Boulder, CO 80301
For more information: Phone: 303.581.9955

Chinese Scalp Acupuncture Clinical Training
Dates: September 29 & 30, 2012
Presenter: Dr. Jason Jishun Hao
Description: Scalp acupuncture, first discovered by Dr. Shunfa Jiao in the early 1970s, is a modern acupuncture technique combining Chinese needling methods with western medical knowledge of anatomy, physiology, pathology, and neurology about representative areas of the cerebral cortex. The new technique has produced excellent (and sometimes astonishing) results for the patients with stroke, multiple sclerosis, automobile accident, traumatic injury, Parkinson’s syndrome, post-traumatic stress disease, phantom pain, cerebellar ataxia, and other central nervous disorders.
Location: Southwest Acupuncture College
1622 Galisteo Street, Santa Fe, NM 87505
For more information: Phone: 505.438.8884
Dear Students:

This is a reminder of what changes are happening starting this Fall 2012. If you have any questions, please contact the Financial Aid office.

The Budget Control Act (BCA) of 2011 (Pub. L. 112-25) was signed into law on August 2, 2011. This Act makes two changes to the William D. Ford Direct Loan (Direct Loan) Program, as discussed below.

**Loss of Subsidized Loan Eligibility for Graduate and Professional Students**

Effective for loans made for periods of enrollment (loan periods) beginning on or after July 1, 2012, graduate and professional students are no longer eligible to receive Federal Direct Subsidized Loans. The terms and conditions of Direct Subsidized Loans received by any student for loan periods beginning before July 1, 2012, for either graduate or undergraduate study, are not affected by this change. The annual loan limit for graduate and professional students remains unchanged at $20,500 ($47,167 for certain health professions students), but this amount will now be limited to Direct Unsubsidized Loans, as shown in the following chart:

<table>
<thead>
<tr>
<th>All Graduate and Professional Students</th>
<th>Loans for Loan Periods Beginning before July 1, 2012</th>
<th>Loans for Loan Periods Beginning on or after July 1, 2012</th>
</tr>
</thead>
<tbody>
<tr>
<td>Subsidized Loan Maximum</td>
<td>$8,500</td>
<td>Subsidized Loan Maximum</td>
</tr>
<tr>
<td>Unsubsidized Loan Maximum</td>
<td>$20,500, less any subsidized amount received</td>
<td>Unsubsidized Loan Maximum</td>
</tr>
<tr>
<td>Certain Health Professions Students</td>
<td>$8,500</td>
<td>$0</td>
</tr>
<tr>
<td>Subsidized Loan Maximum</td>
<td>$47,167, less any subsidized amount received</td>
<td>Unsubsidized Loan Maximum</td>
</tr>
<tr>
<td>$0</td>
<td>$47,167</td>
<td></td>
</tr>
</tbody>
</table>

The aggregate loan limit for graduate and professional students remains unchanged at $138,500 ($224,000 for certain health professions students), not more than $65,500 of which may be in subsidized loans.

The elimination of subsidized loan eligibility for graduate and professional students does not affect undergraduate student borrowers, who remain eligible to receive Direct Subsidized Loans.

Also, the BCA clarifies that borrowers who are receiving Direct Loans for preparatory course work necessary for admission into either an undergraduate program or a graduate/professional program, or for course work required for teacher certification or recertification, remain eligible for Direct Subsidized Loans. Students enrolled in preparatory course work or course work required for teacher certification are considered undergraduate students for purposes of annual loan limits.

**Termination of Direct Loan Borrower Repayment Incentives**

With one exception as noted below, the BCA terminates the authority of the Department of Education (the Department) to offer any repayment incentives to Direct Loan borrowers to encourage on-time repayment of loans, including any reduction in the interest rate or origination fee, effective for loans first disbursed on or after July 1, 2012. As a result of this change, the up-front interest rebate that has been provided to Direct Loan borrowers at the time of their loan disbursement will no longer be offered on any Direct Loan Program loan with a first disbursement date that is on or after July 1, 2012.

The law continues to authorize the Department to offer interest rate reductions to Direct Loan borrowers who agree to have payments automatically electronically debited from a bank account.
**China Externship**

**August 2012!**

The China Externship provides:

- **Incredible clinical experience**
  Prove what you learn; develop more confidence for your future practice

- **China Program Diploma**
  Granted from Heilongjiang University of Chinese Medicine

- **Two Southwest Acupuncture College clinic credits (105 hours)**
  Granted from Southwest Acupuncture College for enrolled students

- **30 PDAs from NCCAOM**
  For practitioners and alumni of Southwest Acupuncture College

Interested?
Contact Dr. Li Xu: drliux@gmail.com

**Join our China Trip!!**

“The China Trip was incredible! I observed treatments of difficult diseases and saw the power of this medicine. The results were amazing! It was different than what we see in our own clinic.”

Joy Lucero, 2008 China Trip

“The China trip was a blast! Learned so much from the TCM doctors and staff, and had a great time away from the hospital as well.”

Carol Levesque, 2008 China Trip

“The experience of visiting China was wonderful for me. It was priceless to be able to see Chinese Medicine practiced in a fully integrated way. It truly opened my mind to possibilities not yet seen here. The experience of the culture and wonderful gracious people were a added gift.”

Laura Manire, 2009 China Trip

- Get your passport now!
  The trip is just around the corner – August 2012!

- Financial Aid is available for enrolled students

- China Trip presentation is available at all campuses

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**Experienced Teachers and Strong Clinicians Needed**

Now Accepting Resumes

Minimum 5 years of clinical experience and license required

Please contact the Academic Dean by sending your resume and cover letter to the campus of your choice.

**Albuquerque Campus:** Dr. Dawei Shao, 505.888.8898 ext: 1016
**Santa Fe Campus:** Dr. Maya Yu, 505.438.8884 ext: 1008
**Boulder Campus:** Melanie Crane, 303.581.9955 ext: 1106